

EGACI 2026

INTERNATIONAL CONFERENCE

24-26 June, 2026 - Safir Hotel, Cairo, Egypt



الأكاديمية العربية
للحساسية والربو والمناعة
Arab Academy of Allergy
Asthma and Immunology



THE EGYPTIAN SOCIETY
OF ALLERGY & CLINICAL
IMMUNOTHERAPY
www.egaci.org



WELCOME TO EGACI 2026 -THE INTERNATIONAL CONFERENCE ON ALLERGY AND IMMUNOTHERAPY

“Advancing Excellence in Allergy and Immunotherapy”



Dear colleagues

It is my great pleasure to invite you to EGACI 2026 Conference dedicated to advancing excellence in patient care and clinical practice.

I welcome you to join our community of allergists, immunologists, ENT specialists, pulmonologists, dermatologists, pediatricians and healthcare professionals committed to improving the lives of patients with allergic diseases.

Why This Conference Matters?

Allergic diseases continue to affect millions of patients worldwide, impacting quality of life across all age groups. From food allergies and anaphylaxis to asthma, rhinitis, and dermatologic conditions, the field of allergy and immunotherapy is rapidly evolving with groundbreaking research, innovative therapies, and new clinical paradigms that are transforming how we diagnose and treat our patients.

This conference organized in collaboration with the Arab Academy for Allergy & Immunotherapy brings together leading experts, seasoned practitioners and emerging voices in the field to share knowledge, exchange ideas and explore the essential competencies that define excellence in allergy practice.

What Awaits You?

As a participant of our conference, you will

- Learn from the conference faculty presenting the latest evidence-based approaches in food allergy, drug hypersensitivity, asthma management, dermatologic conditions, pediatric allergy and ENT manifestations of allergic disease
- Enhance your clinical skills through interactive workshops, hands-on training sessions and practical demonstrations of diagnostic techniques and treatment protocols
- Engage in thought-provoking discussions on complex cases, emerging therapies and the challenges facing modern allergy practice
- Discover innovations in biologics, immunotherapy, diagnostic testing and personalized medicine approaches
- Strengthen your competency as an allergy specialist through comprehensive sessions designed to elevate clinical practice and improve patient outcomes

I look forward to welcoming you at EGACI 2026.

Mohamed El-Itribi, MD

President EGACI



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About EGACI

The Egyptian Society of Allergy & Clinical Immunotherapy (EGACI) is a non-profit organization (Registration number 1928 /2011)

EGACI is a professional organization of clinicians who are devoted to:

- *Advancing the the science and practice of Allergy & Immunotherapy*
- *Training and educating clinicians in the field of Allergy*
- *Expanding both our understanding of Allergic illnesses and our ability to treat them*

Our Values

Dedication, devotion, honesty and supreme care

Mission Statement

- *To disseminate knowledge to clinicians by:*
- *Presenting new scientific basic and clinical information about Allergy & Immunotherapy at our annual meetings.*
- *Promoting high standards of clinical practice.*
- *To promote research into the causes and treatment of Allergy*
- *Setting guidelines and assuring excellence in programs that train and educate physicians in Allergy and Immunotherapy*
- *Raising standards of practice.*

EGACI Leadership

- *Prof. Mohamed Ibrahim El Itribi, President*

Board Members

- *Prof. Sameh Salah Abbas El Morsy*
- *Prof. Alaa El Din Metwaly El Gazzar*
- *Prof. Samir Sorour*
- *Prof Mohamed El Shafae*
- *Prof Adel Grace Tawadros*

International Affiliation



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Arab Academy of Allergy
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*EGACI is a founding member
of ArAAAI*

Conference Dates

24-26 June, 2026

EGACI Website

www.egaci.org

Conference Venue



EAACI
EUROPEAN ACADEMY OF ALLERGY
AND CLINICAL IMMUNOLOGY

**EGACI is a member society of
EAACI**

EGACI 2026



ADVANCING EXCELLENCE IN ALLERGY AND IMMUNOTHERAPY



EGACI Highlights 2026

The conference is a three-day, CME-accredited program offering an unparalleled deep dive into the science and practice of modern allergy and immunotherapy. Structured across thematic sessions and practical workshops, the curriculum bridges immunology with frontline clinical decision-making – empowering participants to deliver precision, evidence-based care across the full spectrum of allergic disease

Scientific Program Overview- Wednesday 24 June, 2026

A Functional Medicine Approach to Allergies

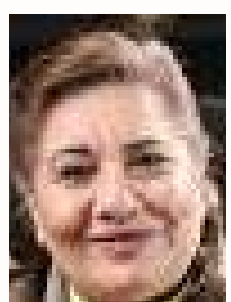
Why are allergy rates rising so dramatically in the modern era? This opening session unpacks the immunological forces behind the allergy epidemic, including the hygiene hypothesis, dysbiosis theory, and the role of the gut-immune axis. Participants explore root-cause frameworks – mast cell activation syndrome, leaky gut and food sensitization. It also addresses recent innovations in Immunotherapy

Lectures:



- **Understanding the Allergy Epidemic :Why are we all allergic?**

Prof. Mohamed Eletribi



- **Food Allergies vs Food Sensitivities**

Prof. Nermine Al Margahi

- **Microbial Mediators: The Gut Axis in Allergic Sensitization**

TBD



- **The Next Frontier: The Rise of Intralymphatic Immunotherapy (ILIT)**

Prof. Samir Sorour

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EGACI Highlights 2026 - Wednesday 24 June, 2026 *Dermatologic Manifestations of Allergy*

A comprehensive exploration of the skin in allergic disease. Participants will build a rigorous foundation in dermatological science before delving into the key concepts in Dermatological Allergies. The session culminates with the allergist's integrated approach to Dermatological manifestations.



- **Atopic Dermatitis: From Pathophysiology to Targeted Therapy** Prof. Maged ElSheikh



- **Chronic Urticaria: A Diagnostic and Treatment Algorithm Systematic approach** Prof Hanan Nada



- **Contact Dermatitis: Patch Testing and Allergen Identification** Prof. Heba Adly



- **Angioedema: Differential Diagnosis and Emergency Management** , Prof Ahmed Nouh



- **Understanding Allergic Manifestations in Psoriasis**, Prof. Eman Sanad



- **The Allergist's Comprehensive Approach to Dermatological Manifestations**, Prof Mohamed El Itribi



Workshop 1: FeNO Testing – Asthma and Beyond – Mastering fractional exhaled nitric oxide as a biomarker for type 2 airway inflammation, including applications in biologic candidacy assessment.

Instructor: Dr Eman Mohamed Ghanem

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EGACI Highlights 2026 - Thursday 25 June, 2026

A Comprehensive Guide to Pediatric Allergy and Asthma

Children are not small adults, and their allergic diseases demand age-appropriate thinking. This full-day pediatric track covers asthma pathophysiology in the developing immune system and tailored GINA-guided management from infancy through adolescence. Complex cases of difficult-to-treat and therapy-resistant asthma are examined, and the biologics revolution in pediatric asthma is placed in context. The session addresses the complete spectrum of pediatric allergic disease: cow milk allergy, food anaphylaxis, the atopic march, chronic urticaria, hereditary angioedema and emergency anaphylaxis management.



Moderator: Prof. Tarek Hamed



Lectures:

- ***Asthma Diagnosis***

Prof Nivine ElHelaly



- ***Age-Appropriate Asthma Care: Tailored Management Strategies***

Prof. Mona Mohsen



- ***Definition of Asthma Remission in Children***

Prof . Ashraf Salama



- ***Navigating Difficult-to-Treat and Therapy-Resistant Asthma***

Prof. Hala Hamdi



- ***The Biologics Revolution: New Frontiers in Pediatric Asthma Treatment***

Prof. Nihal El Refai

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EGACI Highlights 2026 - Thursday 25 June, 2026

Lectures:



- ***A Comprehensive Guide to Modern Pediatric Inhalation Strategies***
Prof. Hala Gouda ElNady



- ***Diagnosing and Managing Cow Milk Allergy in Infants and Children***
Dr. Sally Gouda



- ***From Mild to Life-Threatening: The Complete Spectrum of Food Allergy***
A.Prof Lobna Al-Korashy



- ***The Allergic March: From Atopic Dermatitis to Asthma***
Dr. Roba El Gaweesh



- ***Chronic Urticaria and Hereditary Angioedema***
Prof. Nesrine Radwan



- ***What's New in Anaphylaxis?***
Prof. Ghada Shosha



- ***Allergist's Strategic Approach to Pediatric Allergic Diseases***
Prof. Ahmed Yehia



Workshop 2: Spirometry for Adults: Performing and quality-grading spirometric maneuvers per 2022 ATS/ERS guidelines.

Instructors : *Dr Hussein Fayad & Dr Ahmed El-Komy*



Workshop 3: Understanding the Use of Inhalers and MDIs – Device selection and spacers; teach-back patient education with tailored guidance for children and the elderly.

Instructor: *Prof. Ashraf El-Adawy*

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EGACI Highlights 2026 - Friday 26 June, 2026

The Allergic Upper Airway: A Practical ENT Approach

Rhinitis remains one of the most prevalent and under-treated allergic conditions worldwide. This session decodes the phenotypes and endotypes of allergic rhinitis at the molecular level, navigates the challenging territory of non-allergic rhinitis subtypes and addresses special populations including pregnant women, elderly patients and athletes. Participants also understand the classification and biologic management of chronic rhinosinusitis with and without nasal polyps, with training in CT Lund–Mackay staging and nasal endoscopy.



- **Non-Allergic Rhinitis**
Prof Hesham ElSersy



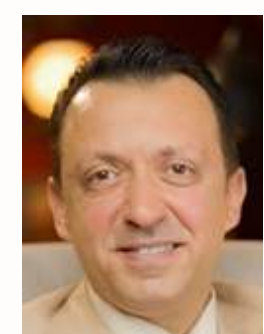
- **Allergic Rhinitis**
Prof. Reda Kamel



- **Chronic Rhinosinusitis with Nasal Polyps (Type 2 Inflammation)**
Prof. Ahmed Abdel Fattah



- **Chronic Rhinosinusitis without Nasal Polyps (Non-Type 2 Inflammation)**
Prof. Yasser El Beltagy



- **CT & Endoscopic Assessments in the Nose & PNS**
Prof Tamer Oraby



- **Diagnosing & Managing Laryngopharyngeal Allergies**
Prof. Abdelaziz Belal



- **The ENT Allergist**
Prof. Mohamed Eletribi

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ADVANCING EXCELLENCE IN ALLERGY AND IMMUNOTHERAPY



EGACI Highlights 2026 - Friday 26 June, 2026

Mastering the Allergic Airway: Diagnosis and Management of Asthma and Pulmonary Conditions

A precision medicinesession in asthma. Participants move beyond GINA symptom scoring to risk stratification using allergen sensitization profiles and molecular biomarkers. The session tackles the problem of asthma mimics and equips clinicians with a structured framework for differential diagnosis. Advanced diagnostic tools are examined alongside a rigorous biomarker-guided approach to biologic therapy selection, monitoring and switching.

Lectures



- **GINA Guidelines**
Prof. Mohamed Metwaly



- **Common Diagnostic Pitfalls: When Asthma is Not Asthma**
Prof. Mostafa Ragab



- **Advanced Diagnostic Tools in Respiratory Allergy**
Prof. Ahmed Yousef



- **Biologics: A Precision Medicine Framework for the Allergist**
Prof. Ahmed Beshir



- **Severe Asthma Case Discussions**
Prof. Mohamed Hantera



- **The Allergist's Mastery of Respiratory Allergic Diseases**
Prof. Mohamed Eletribi

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EGACI Highlights 2026 - Friday 26 June, 2026

- **Workshop 4: Comprehensive Immunotherapy - From Setup to Management**

An Interactive workshop covering the complete immunotherapy process including:

- 1. Patient evaluation and allergen selection based on testing results*
- 2. Mixing and diluting allergen extracts with proper technique*
- 3. Calculating and preparing individualized treatment vials*
- 4. Administering subcutaneous injections with proper technique*
- 5. Dose advancement protocols and schedule management*
- 6. Recognizing and treating systemic reactions*
- 7. Setting up an immunotherapy practice: equipment, supplies, and workflow*
- 8. Patient education materials and adherence strategies*

Instructors



Prof. Mohamed Eletribi



Prof. Ahmed Albousify



Prof. Ali Belkheir

